



**SPINE TO GO**  
ONLINE COURSES

## **SPINE TO GO**

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Courses 2021 - 2022



## Dear participants,

we're delighted to present to you our new digital, non-profit, live approach to continuing education in the specialty of the SPINE.

As this is not a conventional continuing education event, please take a moment to let me explain the novel approach to continuing education that we're using — I think it'll be an exciting one for you.

It's called "SPINE TO GO".

SPINE TO GO is aimed at physicians and therapists who are looking for further training and continuing education in the field of the spine, not demanding too much time, and free of charge.

The approach is intended to offer the essential topics in conservative and surgical spine therapy in various formats.

Our special characteristics: Live online lectures on a topic in spinal therapy, with subsequent discussion by recognized international specialists — no charges — non-profit project — independence of content (with no influence from the medical industry or other stakeholders) — easy registration and enrolment — CME points — easy access from any computer/smartphone/tablet with Internet access — no recording of the lectures — financing of running costs

through donations.

We'd like to express our special thanks to the speakers, who are all recognized experts in their specialty. Their honorary contribution and their high-quality lectures are the basis for SPINE TO GO's success. And as participants who are keen to learn, you are also making a contribution to sustaining the SPINE TO GO approach and the wide variety of benefits it provides.

We would be delighted to welcome you to lots of our events in the virtual lecture-hall.



### Prof. Dr. Tobias Schulte, MD

Director of the University Department of Orthopedics at the Ruhr University of Bochum, Department of Orthopedics and Trauma Surgery, Catholic Clinic Bochum, St. Josef-Hospital, Germany



## Sagittal Balance: To make a long story short

Saturday, 28<sup>th</sup> August 2021

Start: 14:00  
End: 17:30

Time zone = UTC+2 (Berlin time)

### 14:00

#### What is sagittal balance?

Frank Schwab, MD  
Hospital for Special Surgery, Spine Surgery, New York, United States

### 14:30

#### Sagittal balance and the cervical spine

Jean-Charles LeHuec, MD, PhD  
Department of Orthopaedics and Traumatology, Bordeaux University Hospital, Polyclinique Bordeaux Nord Aquitaine, Bordeaux, France

### 15:00

#### Spondylolisthesis and sagittal balance

Prof. Claudio Lamartina, MD  
I.R.C.C.S. Istituto Ortopedico Galeazzi, Milan, EFM Professor of Orthopedic Specialization School Milan University, Italy

### 15:30

#### Degenerative deformities

PD Dr. Jörg Franke, MD  
Center of Traumatology and Orthopaedics, Klinikum Magdeburg, Magdeburg, Germany

### 16:00

#### Hip surgery and spinal sagittal balance - Is there a relationship?

Jonathan M. Vigdorich, MD  
Hospital for Special Surgery, Orthopedic Surgery, Hip and Knee Replacement, New York, United States

### 16:30

#### Surgical techniques to improve sagittal balance

Ferran Pellisé, MD, PhD  
Spine Unit, Hospital Vall d'Hebron, Barcelona Spine Institute, Barcelona, Spain

### 17:00

#### Case presentations

Ibrahim Obeid, MD, MSc  
Clinique du Dos, Centre Hospitalier Universitaire de Bordeaux, Bordeaux, France

## Explain Pain

Saturday, 20<sup>th</sup> November 2021

Start: 09:00  
End: 12:30

Time zone = UTC+1 (Berlin time)

### 09:00

#### Neurophysiologic aspects of spinal pain

Prof. Dr. Rolf-Detlef Treede, MD  
Department for Neurophysiology, MCTN, Medical Faculty Mannheim, Heidelberg University, Mannheim, Germany

### 09:30

#### The origin of spinal pain from a spine surgeon's perspective

Prof. Dr. Markus Quante, MD  
Department of Spine Surgery and Scoliosis Centre, Schön Clinic Neustadt i.H., Germany

### 10:00

#### Nociceptive pain from the musculoskeletal system

Prof. Thomas Graven-Nielsen, DMSc, PhD, Center for Neuroplasticity and Pain, Aalborg University, Aalborg, Denmark

### 10:30

#### Neuropathic pain

Prof. Dr. Dr. Thomas R. Tölle, MD  
Department of Neurology, Klinikum rechts der Isar, Technical University of Munich, Munich, Germany

### 11:00

#### Spinal pain and physiotherapy

Prof. Lorimer Moseley  
Clinical Neurosciences and Physiotherapy, University of South Australia, Adelaide, Australia

### 11:30

#### Spinal pain and psychology

Prof. Michael Nicholas  
Pain Management Research Institute, Northern Clinical School, Kolling Institute of Medical Research, University of Sydney, Sydney, Australia

### 12:00

#### Pain and surgery

Prof. Dr. Esther Pogatzki-Zahn, MD  
Department of Anesthesiology, Intensive Care and Pain Medicine, University Hospital Münster, Münster, Germany

# Adolescent Idiopathic Scoliosis

Saturday, 19<sup>th</sup> February 2022

Start: 16:00  
End: 19:30

Time zone = UTC+1 (Berlin time)

16:00

## Pathophysiology and natural history

Prof. Stefan Parent, MD, PhD  
Departement of Surgery, University of Montréal, Montréal, Canada

16:30

## The role of physiotherapy

Prof. Stefano Negrini, MD  
Physical and Rehabilitation Medicine,  
University "La Statale", Milan, I.R.C.C.S.  
Istituto Ortopedico Galeazzi, Milan, Italy

18:00

## Anterior correction

Prof. Dr. Ulf Liljenqvist, MD  
Department for Spine Surgery and  
Scoliosis Center, St. Franziskus-Hospital,  
Münster, Germany

17:00

## Bracing

Stuart L. Weinstein, MD  
Orthopaedic Surgery, University of Iowa  
Hospitals & Clinics, Iowa City, Iowa,  
United States

18:30

## Vertebral tethering

Peter O. Newton, MD  
Division of Orthopaedics & Scoliosis,  
Rady Children's Hospital - San Diego,  
University of California San Diego School  
of Medicine, San Diego, United States

17:30

## Posterior correction

Prof. Ahmet Alanay, MD  
Comprehensive Spine Center,  
Acibadem Maslak Hospital, Department  
of Orthopaedics and Traumatology,  
Acibadem Mehmet Ali Aydinlar  
University School of Medicine, Istanbul,  
Turkey

19:00

## Case presentations

Prof. Helton L. A. Defino, MD  
Department of Orthopaedics, Ribeirão  
Preto Medical School, University of São  
Paulo, Ribeirão Preto, Brazil

# Degeneration of the Lumbar Spine

Saturday, 21<sup>st</sup> May 2022

Start: 13:00  
End: 17:00

Time zone = UTC+2 (Berlin time)

13:00

## Pathophysiology of degeneration

Prof. Dr. Karin Wuertz-Kozak, RPh, PhD,  
MBA  
Department of Biomedical Engineering,  
Rochester Institute of Technology,  
Rochester, United States

13:30

## Degenerative instability

Kazuhiro Hasegawa, MD, PhD  
Niigata Spine Surgery Center,  
Department of Orthopedic Surgery  
Niigata, Japan

15:30

## Sacroiliac joint pain

Bengt Sturesson, MD, PhD  
Department of Orthopedics, Aleris  
specialistvard,  
Ångelholm, Sweden

14:00

## Spinal canal stenosis

Prof. Dr. Luca Papavero, MD  
Formerly: Spine Surgery, Schön Clinic  
Hamburg-Eilbek, Germany

16:00

## Neuromodulation

Sam S. Eldabe, MB ChB, FRCA  
Department of Pain and Anaesthesia,  
The James Cook University Hospital,  
Middlesbrough, United Kingdom

14:30

## Disc herniation

Wilco C. Peul, MD, PhD  
University Neurosurgery Centre Holland  
(UNCH), Leiden and The Hague,  
Netherlands

16:30

## Case presentations

Mohammad El-Sharkawi, MD, PhD  
Department of Orthopaedic and Trauma  
Surgery, Assiut University Medical  
School, Assiut, Egypt

15:00

## Degenerative lumbar deformity

Dominique A. Rothenfluh, MD, PhD  
Spinal Surgery, Oxford University  
Hospitals NHS Foundation Trust,  
Oxford, United Kingdom

# Fractures of the Spine

Saturday, 27<sup>th</sup> August 2022

Start: 16:00  
End: 19:00

Time zone = UTC+2 (Berlin time)

16:00

## Odontoid fractures

Alexander R. Vaccaro, MD, PhD, MBA  
Rothman Orthopaedics, Department of  
Orthopaedic Surgery, Thomas  
Jefferson University, Philadelphia,  
United States

16:30

## Luxation fractures of the subaxial cervical spine

Jens R. Chapman, MD  
Department of Orthopaedic Surgery,  
Spine Surgery, Swedish Neuroscience  
Institute, Seattle, United States

18:00

## Osteoporotic fractures

Dr. Klaus Schnake, MD  
Center for Spinal and Scoliosis Surgery,  
Malteser Waldkrankenhaus St. Marien,  
Erlangen, Germany

17:00

## Burst fractures without neurologic deficit

Prof. Dr. Frank Kandziora, MD  
Center for Spinal Surgery and  
Neurotraumatology,, Berufs-  
genossenschaftliche Unfallklinik  
Frankfurt am Main, Germany

18:30

## Sacrum fractures of the elderly

Emiliano Vialle, MD, MSc  
Cajuru Hospital, Catholic University of  
Parana, Curitiba, Brazil

17:30

## Thoracolumbar C type fractures

Prof. Osmar Jose Santos de Moraes,  
MD  
Department of Neurosurgery, Hospital  
Santa Catarina, Research Technology  
Institute IPT, Sao Paulo, Brazil

19:00

## Case presentations

Rick Bransford, MD  
Department of Orthopaedics and Sports  
Medicine, University of Washington /  
Harborview Medical Center, Seattle,  
United States

**Contact**

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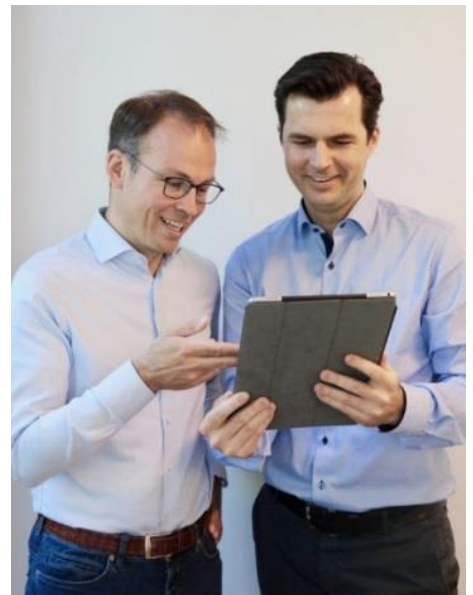
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